

Coaching Course Information

Active Start

- Introduction
- 4 yrs to 6 yrs
- 3.5 hrs
- 2 options

FUNdamentals

- u6-u8 female
- u6-u9 male
- 7 hours

Learn To train

- u8-u11 female
- u9-u12 male
- 14 hours
- Youth Comp

Soccer For Life

- 12 + Male
- 11 + female
- 14 hours
- Senior Comp

